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# Health Issue as One of the Barrier to Women Weavers

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## Abstract

Health is an important factor for the up gradation of the society as a whole. A person with a good health can contribute more to the working than a person with bad health. Weaving is one of the activity which require the use of whole body and the mental and the physical strength. Weavers are a person whose job is to weaves cloth. Weaving involves using a loom to interlace two sets of threads at right angles to each other. Weaving is a method of textile production in which two distinct sets of Yarns or thread are interlaced at right angles to form a Fabric or cloth. Other method are knitting, crocheting, felting, and braiding. The longitudinal threads are called thewarp and the lateral threads are the Weft or filling. The method in which these threads are inter-woven affects the characteristics of the cloth Weaving can be summarized as a repetition of these three actions, shedding, Picking, Beating Up or battening which are primary motion of the loom, let of motion and take up motion is a secondary motion of the loom and lastly warp and weft is the tertiary motion of loom. The health issue can be one of the barriers to women weavers. The paper is based on primary data were it tries to focus on the health condition of the people and their impact on weaving. The primary data has been collected on the basis of simple random sampling from the district of Lakhimpur in Assam.

**Keywords:** *Health, weavers, shedding, picking, Motion.*

## Introduction

Health is an important issue for nations, who are engaged in economic development. All development activities, whether economic as well as social depend upon the sound mind, health and environment. The economic pressure in the country is the most striking factor that leads to the development of women weaver<sup>1</sup>. Women weavers are endowed with in valuable talent of weaving masterpieces on textiles. Women in rural areas basically take up entrepreneurship to improve their standard of living<sup>2</sup>. Weavers are a person whose job is to weaves cloth. Weaving involves using a loom to interlace two sets of threads at right angles to each other. One of the encouraging steps is the development of women handloom weavers and the artisans. Weaving is a method of textile production in which two distinct sets of Yarns or thread are interlaced at right angles to form a Fabric or cloth. Other method are knitting, crocheting, felting, and braiding. The longitudinal threads are called the warp and the lateral threads are the Weft or filling. The method in which these threads are inter-woven affects the characteristics of the cloth Weaving can be summarized as a repetition of these three actions, shedding, Picking, Beating Up or battening which are primary motion of the loom, let of motion and take up

motion is a secondary motion of the loom and lastly warp and weft is the tertiary motion of loom<sup>3</sup>. The women in Assam have also been gifted with artistry of weaving intricate and mesmerizing design on their looms. As during Mahatma Gandhi Visit in Assam he remarks that, "the women in Assam can weave dreams on their looms"<sup>5</sup>. The preamble of the charter of world health organization defines health as "a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity"<sup>4</sup>.

With the existence of creativity skill, the women in Assam spends their available time to build the beautiful garments basically for their family and sometime for the business purpose too which help in the creation of a position for herself in the textile market with her artistic skills<sup>6</sup>. Since there is very less research regarding the health condition and artistic skill of the women weavers, the present study tries to focus on the condition of weavers and their health condition in Assam. The paper tries to look on the women in villages of Assam who have desire to weave cloth as their spare time activity and as a income source and to focus on their hindrances

**Objective:** Women weavers are blessed with the skill of weaving masterpieces on textiles, this papers