OFFICE OF THE PRINCIPAL LANKA MAHAVIDYALAYA : LANKA : HOJAI : ASSAM

Report of Awareness Program on

"FEMALE HEALTH & HYGIENE" and DISTRIBUTION OF SANITARY NAPKINS, at Natun Forest Village (Adopted Village of Lanka Mahavidyalaya under UNNAT BHARAT ABHIYAN), Lanka, Hojai, Assam

Dated: 10/03/2023

The Women's Cell, Lanka Mahavidyalaya Teachers' Unit and Women's Cell, IQAC, Lanka Mahavidyalaya collaborated with the Women's Cell, Hojai Dima Hasao Karbi Anglong (HDHKA), Zone ACTA) on the eve of International Women's Day and conducted a Sanitary Napkin Donation Drive from 1st of March to 8th of March, 2023 followed by the Awareness Programme On "Female Health and Hygiene" and Distribution of Sanitary Napkins on 10th of March, 2023. The venue of which was Natun FV, Lanka. This village has been adopted by Lanka Mahavidyalaya as part of the Unnat Bharat Abhiyan. The village is a forest village and comes under Lanka Range, we contacted Range Officer, Lanka Range and DFO, Nagaon South Division, Hojai and took the prior permission and also invited them for the event. Moreover, we also contacted the SDMHO, Lanka Primary Health Centre and asked them to provide one Nutritionist/Counselor for the said programme. Accordingly, Mrs. Balika Sharma has been appointed to perform the task.

Representatives and Members of Women's cell from all the Colleges under Hojai Dima Hasao Karbi Anglong Zone, the representatives from Forest Department, invited speaker and the villagers participated in the event and made the event a successful one.

Mrs. Balika Sharma discussed various aspects related to Female Health and Hygiene, such as measures to be taken during pregnancy, precautionary measures to be taken during the time of period, also took up the issue of Hemoglobin deficiency in females, how to nurture the child etc., followed by a question answer session with the villagers. Towards the end of the event, Sanitary Napkins were distributed among the female members of the village. The programme came to an end with a community meal with the villagers.

In the entire programme, Women's Cell, HDHKA Zone and Lanka College Teachers' Unit has been assisted by Gojen Daimari, Project Coordinator, Unnat Bharat Abhiyan and Ankur Hazarika, Assistant Professor, Deptt. Of English, Lanka Mahavidyalaya.

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Dr. Anuradha Choudhry Lanka Mahavidyalaya

Ms. Silpisikha Baruah Convener, Women's Cell, IQAC Convener, HDHK Zone, ACTA & Asstt. Professor, Dept of History Lanka Mahavidyalaya, Lanka, Assam

Principal Lanka Mahavidyalaya Lanka : Hojai : Assam

Principal -Lanka Mahavidyalaya Lanka,Hojai,Assam

AWARENESS PROGRAMME ON 'FEMALE HEALTH AND HYGIENE' OLD STOUDUL LANKA COLLEGE TEACHER'S UNIT WOMEN CELL AND IQAC, WOMEN CELL, LANKA MAHAVIDYALAYA, IN COLUMBOR VIEW HOJALDIMA HASAO KARBI ANGLONG ZONE WOMEN CELL ON 10TH OF MARCH, 2023 AT NATUN FOREST VILLAGE LANKA ON THE UNCLASION OF INTERNATIONAL WOMEN'S DAY CELEBRATION

THE LIST OF GUESTS AND PARTICIPANTS ARE AS FOLLOWS ----

SL No.	Name of Participants	Designation	Signature	Mob. No
4.	ABU RAJBHAR	GRAM PRADHAN	Sel const of sel	8
2.	म्भूगियाइग्रेम्दर	VILLAS- SPOKES PERSON	M-	
3.	Balika Sharma	Counsellog 6 landa	Assonia	600032
	Dr. L. Keksti	Co-ordination 19th	200	863828
5	Dr. S. N. Kan.	Assistant Profen	Q-1.	91012
6.	Mrs. N. Mezunder	Associate Rofessor	Van	943516 8990
7.	Dr. Anwadha Chananwi	Associate professor Department-op India Lance Maharidy alaga	@ Daudhum 10/03/2023	94353 17678
8.	Silpisikha Barneh	Convener, Women Cell? HDHK Zone & Lanka College Teachers Unit	Barnah 10/3/2023	9971 464278
9.	Hemanta Bog	And Brof.	ommos	7002014 502
ro.	Sumi Rani Das.	Asst pred. Udali college	Dan .	600223 2287
Ц.	Sabram Aftalii	Asst prof. VdaliCollege	36	80991 95688
12	Salma Akhlana	AssH . Prof Udali College	Allino	847390 1088
13.	Anamiker Paul.	Asstl. Prof. Vdali College.	Aand	99574 28919
14.	Akhil ch. Kalik.	Assitant Prof. Lumding college	Â	97791 26252

IQAC, Lanka Mahavidyalaya Lanka, Hojai, Assam Co-ordinator

Principal Lanka Mahavidyalaya Lanka, Hojai, Assar

AWARENESS PROGRAMME ON 'FEMALE HEALTH AND HYGIENE' ORGANISTICED LANKA COLLEGE TEACHER'S UNIT WOMEN CELL. UND IQAC, WOMEN CELL, LANKA MAHAVIDYALAYA, IN COLD ABORATION WITH HOJAT DIMA HASAO KARBI ANGLONG ZONE WOMEN CELL ON 10TH OF MARCH, 2023 AT NATUN FOREST VILLAGE. LANKA ON THE OCCUSION OF INTERNATIONAL WOMEN'S DAY CELEBRATION

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Principal Lanka Mahavidyalaya Lanka, Hojai, As sam

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	Dr. Porishmeta Buragohain	Assistant Professor	Gohein	9101268392
	In Submern Hazar		Cheven	8638423140

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	Dr. Nibedita Nath	Asst . Prof	3 Math	7002999513
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Co-ordinator IQAC, Lanka Mahavidyalaya Lanka, Hojai, Assam

Principal Lanka Mahavidyalaya Lanka, Hojai, Assalu 'SANITARY NAPKIN DONATION DRIVE' HERE EXCREDITION IST OF MARCH TO 8TH OF MARCH, 2023 ON HER DECASION OF INFERNATIONAL MOMENTUM STATES OF MARCH TO 8TH DINERTRETED FREENAPKINS ON 10TH OF MARCH, 2023 AT A VENTIOR STATES (GET S DER THE AFGINES OF THE AWARENESS PROGRAMME ON 'FEMALE HEALTH AND HYGIENE'. BUTE THE EVENTS ARE ORGANISED BY LANKA COLLEGE TEACHER'S UNIT WOMEN CELL IQAC, WOMEN CELL, LANKA MAHAVIDYALAYA, AND HOJAT DIMA HASAO KARBI ANGLONG ZONE WOMEN CELL.

THE LIST OF BENEFICIARIES ARE AS FOLLOWS -----

SL No.	Name of Beneficiary	Profession	Age	Signature	Mobine
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Co-ordinator IDAC, Lanka Mahavidyalaya Lanka, Hojai, Assam

Principal Lanka Maharidyalaya Lanka, Hojai, Ass

'SANITARY NAPKIN DONATION DRIVE' TRACTIONERON IST OF MARCH TO 8TH OF MARCH, 2023 ON THE OCCUSION OF INTERVERONAL WOMEN'S DAY CLEERRADON AND DISTRIBUTED THE APPRINS ON 10TH OF MARCH, 2023 MENALT'S FOREST ARTENDE ENDER THE ACCESS OF THE APPRINTSS PROCEDUARD ON 'FEMALE HEALTH AND HYGIENE'. ROTH THE EXTNESS OF ORCHANNED BY LANKA COLLEGE TEACHER'S UNIT WOMEN CELL 1QAC, WOMEN CELL, LANKA MAHAVIDVALAYA, AND HOJAT DIMA HASAO KARBI ANGLONG ZONE WOMEN CELL.

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31	Mamondi Gowala		38		
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Co-ordinator IOAC, Lanka Mahavidyalaya Lanka, Hojai, Assam

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THE LIST OF BENEFICIARIES ARE AS FOLLOWS -

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17	Chan cho la patisa		2%	5 Bart 119	
8	Sokuntola Gouz		30	PALLOUI	
19	Lakhmi Gourdo		16	bakhini Gulai	
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51	Ganga patria		13	ganga	
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57	Janaci Sahu		16	Junalsahu	789622
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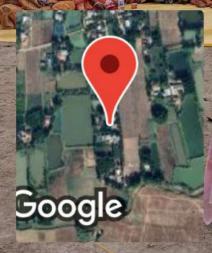
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Principal Lenka Make 1314 Lanka, Hojai, Assai

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