

  
Lanka Mahavidyalaya  
Estd 1979  
Lanka, Assam

**OFFICE OF THE PRINCIPAL**  
**LANKA MAHAVIDYALAYA : LANKA : HOJAI : ASSAM**

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Report of Awareness Program on

“FEMALE HEALTH & HYGIENE” and DISTRIBUTION OF SANITARY NAPKINS.

at Natun Forest Village (Adopted Village of Lanka Mahavidyalaya under  
UNNAT BHARAT ABHIYAN), Lanka, Hojai, Assam

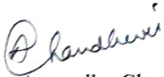
**Dated: 10/03/2023**

The Women’s Cell, Lanka Mahavidyalaya Teachers’ Unit and Women’s Cell, IQAC, Lanka Mahavidyalaya collaborated with the Women’s Cell, Hojai Dima Hasao Karbi Anglong (HDHKA), Zone ACTA) on the eve of International Women’s Day and conducted a Sanitary Napkin Donation Drive from 1<sup>st</sup> of March to 8<sup>th</sup> of March, 2023 followed by the Awareness Programme On “Female Health and Hygiene” and Distribution of Sanitary Napkins on 10<sup>th</sup> of March, 2023. The venue of which was Natun FV, Lanka. This village has been adopted by Lanka Mahavidyalaya as part of the Unnat Bharat Abhiyan. The village is a forest village and comes under Lanka Range, we contacted Range Officer, Lanka Range and DFO, Nagaon South Division, Hojai and took the prior permission and also invited them for the event. Moreover, we also contacted the SDMHO, Lanka Primary Health Centre and asked them to provide one Nutritionist/Counselor for the said programme. Accordingly, Mrs. Balika Sharma has been appointed to perform the task.

Representatives and Members of Women’s cell from all the Colleges under Hojai Dima Hasao Karbi Anglong Zone, the representatives from Forest Department, invited speaker and the villagers participated in the event and made the event a successful one.

Mrs. Balika Sharma discussed various aspects related to Female Health and Hygiene, such as measures to be taken during pregnancy, precautionary measures to be taken during the time of period, also took up the issue of Hemoglobin deficiency in females, how to nurture the child etc., followed by a question answer session with the villagers. Towards the end of the event, Sanitary Napkins were distributed among the female members of the village. The programme came to an end with a community meal with the villagers.

In the entire programme, Women’s Cell, HDHKA Zone and Lanka College Teachers’ Unit has been assisted by Gojen Daimari, Project Coordinator, Unnat Bharat Abhiyan and Ankur Hazarika, Assistant Professor, Deptt. Of English, Lanka Mahavidyalaya.



Dr. Anuradha Chaudhry  
Convener, Women’s Cell, IQAC  
Lanka Mahavidyalaya



Ms. Silpisikha Baruah  
Convener, HDHK Zone, ACTA  
& Asstt. Professor, Dept of History  
Lanka Mahavidyalaya, Lanka, Assam



Principal  
Lanka Mahavidyalaya  
Lanka : Hojai : Assam  
Principal  
Lanka Mahavidyalaya  
Lanka, Hojai, Assam

AWARENESS PROGRAMME ON 'FEMALE HEALTH AND HYGIENE' HELD AT LANKA COLLEGE TEACHER'S UNIT WOMEN CELL AND IQAC, WOMEN CELL, LANKA MAHAVIDYALAYA IN COLLABORATION WITH HOJAI DIMA HASAO KARBI ANGLONG ZONE WOMEN CELL ON 10TH OF MARCH, 2023 AT NATUN FOREST VILLAGE LANKA ON THE OCCASION OF INTERNATIONAL WOMEN'S DAY CELEBRATION

THE LIST OF GUESTS AND PARTICIPANTS ARE AS FOLLOWS --

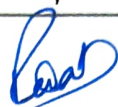





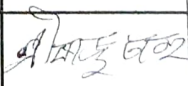
SL No.	Name of Participants	Designation	Signature	Mob. No
1.	ABU RAJBHAR	GRAM PRADHAN		
2.	নাজিমা হাফিজা	Village SPOKES PERSON		
3.	Balika Sharma	Dept of Health Unit of Assam Counselor of Lanka		6000322587
4.	DR. L. Kakati	Co-ordinator IQAC Lanka Mahavidyalaya		863828-0155
5.	DR. S. N. Kar.	Assistant Professor		9101264385
6.	Mrs. N. Mazumder	Associate Professor		9435168990
7.	DR. Anuradha Chandrahuri	Associate Professor Department of English Lanka Mahavidyalaya	 10/03/2023	9835317678
8.	Selpe Sikha Baruah	Convener, Women Cell, HDHK Zone of Lanka College Teachers Unit	 10/3/2023	997146278
9.	Hemanta Barua	Asst. Prof.		920014527
10.	Sumi Rani Das.	Asst prof. Udali college		6002232287
11.	Sabnam Aftabij	Asst prof. Udali College		8093195688
12.	Satma Akharia	Asst. Prof. Udali College		8473901088
13.	Anamika Paul.	Asst. Prof. Udali College.		9957428919
14.	Akhil Ch. Kalita.	Assistant Prof. Lumding college		9874126252

Co-ordinator  
IQAC, Lanka Mahavidyalaya  
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Principal  
Lanka Mahavidyalaya  
Lanka, Hojai, Assam

AWARENESS PROGRAMME ON 'FEMALE HEALTH AND HYGIENE' ORGANISED BY LANKA COLLEGE TEACHER'S UNIT WOMEN CELL AND IQAC, WOMEN CELL, LANKA MAHAVIDYALAYA IN COLLABORATION WITH HOJAI DIMA HASAO KARBI ANGLONG ZONE WOMEN CELL ON 10TH OF MARCH, 2023 AT NATUN FOREST VILLAGE LANKA ON THE OCCASION OF INTERNATIONAL WOMEN'S DAY CELEBRATION

THE LIST OF GUESTS AND PARTICIPANTS ARE AS FOLLOWS —

Sl. No	Name	Designation	Sign	Mobile no.
15	Biswajit Nath	Asstt. Professor		8133059845
16	Ankur Hazarika	"		7002357882
17	Naba Kumar Mondal	Forest		9101187575
18	দিলীপ চৌধুরী			8822456910
19	Gomush Gouze	Forest (gd)		7637033139
20	Mohom Gouze	Villager		6003447648
21	Man King Gouze	"		6002100344
22	মঞ্জিলা গুজু	"		9394540976
23	Chankram Sahu	"		9954433059
24	শাহু গুজু	"		7896227888
25	Bibek GOUR	"		9864697716
26	Shom Gouze	"		6009620744

  
Co-ordinator:  
IQAC, Lanka Mahavidyalaya  
Lanka, Hojai, Assam

  
Principal:  
Lanka Mahavidyalaya  
Lanka, Hojai, Assam

AWARENESS PROGRAMME ON 'FEMALE HEALTH AND HYGIENE' ORGANISED BY LANKA COLLEGE TEACHER'S UNIT WOMEN CELL AND IQAC, WOMEN CELL, LANKA MAHAVIDYALAYA IN COLLABORATION WITH HOJAI DIMA HASAO KARBI ANGLONG ZONE WOMEN CELL ON 10TH OF MARCH, 2023 AT NATUN FOREST VILLAGE, LANKA DISTRICT, DICHAJURI OF INTERNATIONAL WOMEN'S DAY CELEBRATION

THE LIST OF GUESTS AND PARTICIPANTS ARE AS FOLLOWS —

SL. NO	Name	Designation	Sign	Mob/6 No
		SMOURAJOJ WJ		
		Villager		
		"		709575581
	Kamal Kumar Gaur	"		6002789666
		"	Shrukeema	
		"	Maheshwari Gaur	
		"	Daklu Gaur	
		"		
		"		812495969
	Sadhu Gaur	"		
	Ramlu Gaur	"		
	Dr. Porishmeta Buragohain	Assistant Professor		9101268392
	Dr. Submanu Hazar	"		8638423140

Co-ordinator  
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Principal  
Lanka Mahavidyalaya  
Lanka, Hojai, Assam




**'SANITARY NAPKIN DONATION DRIVE'** HELD DATED FROM 1ST OF MARCH TO 8TH OF MARCH, 2023 ON THE OCCASION OF INTERNATIONAL WOMEN'S DAY CELEBRATION AND DISTRIBUTED THE NAPKINS ON 10TH OF MARCH, 2023 AT NAFEN FOREST COLLEGE UNDER THE AUSPICES OF THE AWARENESS PROGRAMME ON 'FEMALE HEALTH AND HYGIENE'. BOTH THE EVENTS ARE ORGANISED BY LANKA COLLEGE TEACHER'S UNIT WOMEN CELL, IQAC, WOMEN CELL, LANKA MAHAVIDYALAYA, AND HOJAI DIMA HASAO KARBI ANGLONG ZONE WOMEN CELL.

THE LIST OF BENEFICIARIES ARE AS FOLLOWS —

SL No.	Name of Beneficiary	Profession	Age	Signature	Mobile No
1	Junu Gouze		35	Junu Gouze	6000697813
2	Subhida Gouze		50		
3	Ramila Gouza Gouze		34	ৰামিলা গুজা গুজি	
4	Praboti Gouze		30	প্রভতিগুজি	
5	Prabhoboti Sahu		38	প্রভতিগুজি	
6	Menutka Gouze		33	Menutka Gouze	8638727146
7	Binda Sahu		43	বিন্দা সাহু	
8	Jomona Sahu		50		
9	Sadhurani Gouze		35		
10	Somitrea Gouze		28	Somitrea Gouze	7896923205
11	Renu Sahu		34		
12	panehaboti Gouze		40	পানেহাভতিগুজি	
13	Lilaboti Gouze		33		
14	Bhanu moti Gouze		35	Bhanu moti	8059900157

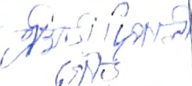

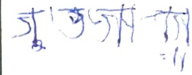

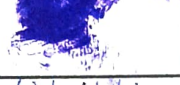
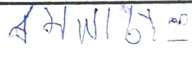

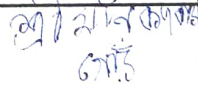


  
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Principal  
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Lanka, Hojai, Assam


**'SANITARY NAPKIN DONATION DRIVE' (1ST OF MARCH TO 8TH OF MARCH, 2023)**

ON THE OCCASION OF INTERNATIONAL WOMEN'S DAY, THE COLLEGE STUDENTS PARTICIPATED IN THE ACTIVITY ON 10TH OF MARCH, 2023 TO AWARENESS ABOUT THE IMPORTANCE OF THE AWARENESS PROGRAMME ON 'FEMALE HEALTH AND HYGIENE'. THE ORGANISERS WERE IOAC, WOMEN CELL, LANKA MAHAVIDYALAYA AND HOJAI DIMA HASAO KARBI ANGLONG ZONE WOMEN CELL.

THE LIST OF BENEFICIARIES ARE AS FOLLOWS --

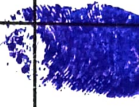
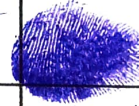
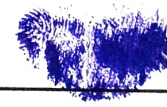
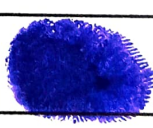
S.No	Name	Profession	Age	Sign	Mobile No.
15	Dipali Gouze		32		600 9162 074
16	Mina Gouze		45		
17	Gurri Gowala		35		
18	Sulci Gouze		50		
19	Makam Gouze		30		
20	Romla Sahu		50		
21	Dipamoni Kurumi		45		
22	Monika Kay Gouze		30		981650515
23	Champa Kurumi		30		
24	Somita Gouze		24		
25	Monisha Gouze		19	Maish ha Gouze	6002617648
26	Nikita Gouze		15	Nikita Gouze	600697813

  
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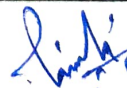
'SANITARY NAPKIN DONATION DRIVE' THAT STARTED FROM 1ST OF MARCH TO 8TH OF MARCH, 2023 ON THE OCCASION OF INTERNATIONAL WOMEN'S DAY CELEBRATIONS AND DISTRIBUTED THE NAPKINS ON 10TH OF MARCH, 2023 AT SAIT'S FOREST VILLAGE UNDER THE AUSPICES OF THE AWARENESS PROGRAMME ON 'FEMALE HEALTH AND HYGIENE'. BOTH THE EVENTS WERE ORGANISED BY LANKA COLLEGE TEACHER'S UNIT WOMEN CELL, IQAC, WOMEN CELL, LANKA MAHAVIDYALAYA AND HOJAI DIMA HASAO KARBI ANGLONG ZONE WOMEN CELL.

THE LIST OF BENEFICIARIES ARE AS FOLLOWS —

SL. NO	Name	Profession	Age	Sign	Mobile No
27	Rajeshwari Gour		25	Rajeshwari Gour	
28	Parbati Sahu		40	পৰ্বতী সাহু	
29	Dhanbai Gowala		38	ধনবাই গোৱা	6003971141
30	Kalabati Gour		33	শ্ৰী কালবতী গৌৰ	709944080
31	Namoni Gowala		38		
32	Kunti Sahu		45		
33	Rangabai Sahu		30	শ্ৰী রংবাই সাহু	
40	Joyanti Gour		50		
41	Mina Gour		45		
42	Bulbuli Gour		45		
43	Sheneshree Sahu		30		
44	Sharashwati Gour		20	Sharashwati Gour	690172130
45	Shanti Patra		33	Shanti Patra	



Co-ordinator  
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Lanka, Hojai, Assam

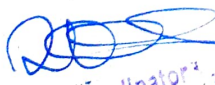
  
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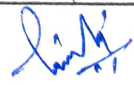


**'SANITARY NAPKIN DONATION DRIVE'** HELD STARTED ON 1ST OF MARCH TO 8TH OF MARCH, 2023 ON THE OCCASION OF INTERNATIONAL WOMEN'S DAY CELEBRATION AND DISTRIBUTED THE NAPKINS ON **10TH OF MARCH, 2023** AT SATUL FOREST VILLAGE UNDER THE AUSPICES OF THE AWARENESS PROGRAMME OF **'FEMALE HEALTH AND HYGIENE'**. BOTH THE EVENTS ARE ORGANISED BY **LANKA COLLEGE TEACHER'S UNIT WOMEN CELL, IQAC, WOMEN CELL, LANKA MAHAVIDYALAYA** AND **HOJAI DIMA HASAO KARBI ANGLONG ZONE WOMEN CELL.**

THE LIST OF BENEFICIARIES ARE AS FOLLOWS —


SL.No	Name	Profession	Age	Sign	Mobile No.
46	Mratu Raj Gaur		29	matura J Gaur	882027692
47	Chancholepatra		28	Chanchole	
48	Sakuntala Gaur		30	Sakuntala	
49	Lakshmi Gokul		16	Lakshmi Gula	
50	Sibani Sahu		15	Sibani Sahu	789622788
51	Ganga patra		19	Ganga	
52	Sangta Bindu Gaur		16	Sangta	6000697813
53	Sumi Raj Gaur		18	SUMIRAJGAUR	
54	Bharati Gaur		17	Bharati	9365238952
55	Gita patra		14	Gita Patra	
56	Soni Gaur		16	Soni Gaur	
57	Janali Sahu		16	Janali Sahu	7896227808
58	Sabita Gaur		45	SABITI	

  
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 Lanka, Hojai, Assam

  
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'SANITARY NAPKIN DONATION DRIVE' THAT STARTED FROM 1ST OF MARCH TO 8TH OF MARCH, 2023 ON THE OCCASION OF INTERNATIONAL WOMEN'S DAY CELEBRATION AND DISTRIBUTED THE NAPKINS ON 10TH OF MARCH, 2023 AT NALIN FOREST VILLAGE UNDER THE AUSPICES OF THE AWARENESS PROGRAMME ON 'FEMALE HEALTH AND HYGIENE'. BOTH THE EVENTS ARE ORGANISED BY LANKA COLLEGE TEACHER'S UNIT WOMEN CELL, IQAC, WOMEN CELL, LANKA MAHAVIDYALAYA, AND HOJAI DIMA HASAO KARBI ANGLONG ZONE WOMEN CELL.  
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SL. NO	Name	Profession	Age	Sign	Mobils. No.

  
Co-ordinator,  
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Lanka, Hojai, Assam

  
Principal  
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Lanka, Hojai, Assam  




 **GPS Map Camera**

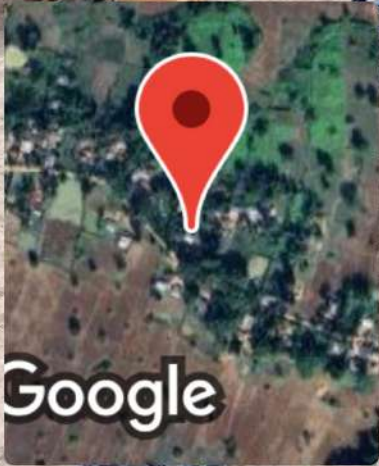
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**Nilbagan, Assam 782445, India**

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**Long 93.047082°**

**10/03/23 12:28 PM GMT +05:30**





 **GPS Map Camera**

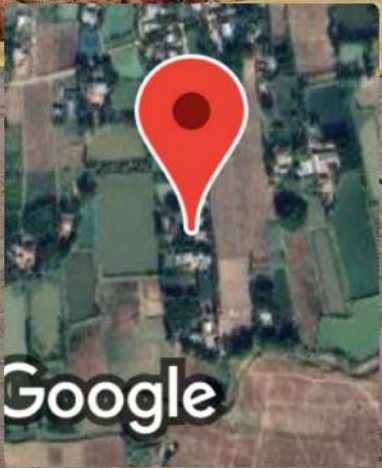
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**Unnamed Road, Assam 782445, India**

**Lat 25.884463°**

**Long 93.046822°**

**10/03/23 01:39 PM GMT +05:30**





 **GPS Map Camera**

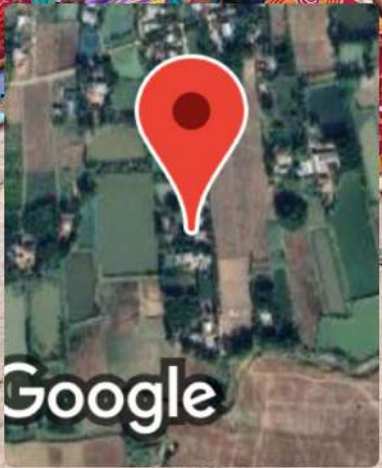
**Hojai, Assam, India**

**Unnamed Road, Assam 782445, India**

**Lat 25.884463°**

**Long 93.046822°**

**10/03/23 12:26 PM GMT +05:30**





 **GPS Map Camera**

**Nilbagan, Assam, India**

**Nilbagan, Assam 782445, India**

**Lat 25.877454°**

**Long 93.046904°**

**10/03/23 01:07 PM GMT +05:30**

